



## SOUTH PLAINS COLLEGE PHYSICAL THERAPIST ASSISTANT PROGRAM CLINICAL SKILLS MASTER CHECKLIST

DESCRIPTION : This page automatically populates based on sheets for each individual clinical experience. The information shown on this sheet will be used to determine successful completion of required clinical skills for the Program. A "2" indicates entry-level skill achieved during Clinical 2. A "3" indicates entry-level skill achieved during Clinical 3. Clinical skills colored blue (indicating that entry-level performance is required for both Clinical 2 & 3) should have a "2" and "3" indicated. Clinical skills colored red (indicating that entry-level performance is required to be achieved during Clinical 2 OR 3) should have a "2" or "3" indicated. Uncolored skills are not required, and do not have to have an indication of "2" or "3".

ADULT	
ORTHOPEDIC DIAGNOSES	
Neck Injuries/Surgeries	
Back Injuries/Surgeries	
Hip Fractures/Injuries	
Total Hip Replacement	
Knee Injuries	
Total Knee Replacement	
Shoulder Injuries	
Total Shoulder Arthroplasty	
Degenerative Joint Disease/Arthritis	
Post-Operative Care	
Amputations	
Multiple Trauma	
NEUROLOGIC DIAGNOSES	
Stroke	
Head Injury	
Spinal Cord Injury	
Cognitive Disorders	
Neuromuscular Disease	
OTHER DIAGNOSIS TYPES	
Debility	
Chest PT	
Cardiac Rehab	
ICU Procedures	
Burn Management	
Work Hardening	
AGE-APPROPRIATE CARE	
Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment – reflecting specific needs of the client and various age groups	
Newborn (birth-30 days)	
Infant (30 days – 1 year)	
Toddler ( 1 – 3 years)	
Preschooler (3 – 5 years)	
Adolescents (12 – 18 years)	
Young Adults (18 – 39)	
Middle Adults ( 39 – 64 years)	
Older Adults ( 64+ years)	

EXAMINATION	
Manual Muscle Testing	
Sensation Testing	
Goniometry	
Skin Examination	
Pain Examination	
Vital Signs	
Arousal, Attention, Cognition	
Neuromotor Function	
Functional Capacity Examination	
Work Capacity Examination	
Muscle Energy Techniques	
PROCEDURES	
Universal Precautions	
Isolation Procedures	
Personal Safety/Environ. Awareness	
Patient Handling Safety	
Documentation	
Clinical Problem Solving	
Patient Education	
Time Management	
Electrical Stim. for Strengthening	
Electrical Stimulation for Pain	
Ultrasound	
Thermotherapy	
Cryotherapy	
Manual Therapy (STM, massage)	
Therapeutic Pool	
Compression	
Cervical Traction	
Lumbar Traction	
Diathermy	
Whirlpool	
TREATMENT TECHNIQUES	
Mobility Training	
Transfer Training	
Gait Training	
Postural Training	
Balance Training	
ADL Training	
Adaptive Equipment Training	
Stretching	
Strengthening	
Endurance Training	
Neurodevelopmental Techniques	
Breathing Techniques	
Edema Management	

EQUIPMENT			
Adaptive Equipment			
Power Wheelchair			
CPM Machine			
Treadmill			
Exercise Equipment			
Tilt Table			
Standing Frame			
Manual Wheelchair			
Walkers			
Canes			
Crutches			
PROSTHETICS			
UE Prosthetics			
Above Knee Prosthetics			
Below Knee Prosthetics			
ORTHOTICS			
Ankle/Foot Orthosis			
Slings			
Wrist/Hand Splints			
Bracing for Spine			
PEDIATRIC			
ORTHOPEDIC DIAGNOSES			
Fracture			
Birth Defects			
Developmental Diseases of Bone			
NEUROLOGIC DIAGNOSES			
Head Injury			
Spinal Cord Injury			
Sensory Integration Deficits			
Visual-Perceptual Disorders			
Muscular Dystrophy			
Cerebral Palsy			
Spina Bifida			
Autism Spectrum Disorders			
Down Syndrome			

The information given has been verified and is true and accurate

ACCE Name : \_\_\_\_\_