

Common Course Syllabus

Course-Specific Information

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2314

Course Name: Lifespan Growth and Development

Credit: 3 Lecture: 3 Lab: 0

Satisfies a core curriculum requirement? Yes, Behavioral or Social Science

Prerequisites: TSI reading compliance for INET

Available Formats: conventional; INET

Campuses: Levelland, Reese, ATC, Plainview, INET

Textbook: *Human Development: A Cultural Approach, Second Edition*; Jeffrey Arnett ; Pearson Publishing
Revel Access (See Instructor's Course Information)

Course Description: This course is the study of the relationship of the physical, emotional, social, and mental factors of growth and development of children and throughout the lifespan.

Course Purpose: The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception until death.

Course Requirements: To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

Course Evaluation: Please see the instructor's course information sheet for specific items used in evaluation student performance.

Course Specific Instructions: go to Blackboard Learn 9 for INET classes

Student Learning Outcomes: Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.

3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

Core Objectives addressed:

- **Communication skills-** to include effective written, oral and visual communication.
- **Critical thinking skills-** to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- **Empirical and Quantitative skills-** to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- **Social Responsibility-** to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

Coordinating Board Approval Number (CIP) 42.2703.51 25

Relevant SPC Policies & Procedures

Attendance Policy: Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting.

Students who enroll in a course but have “Never Attended” by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course and receive a grade of “X” or “F” as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student’s responsibility to be aware of that policy.

It is the student’s responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment. See Instructor’s Course Information for additions to the attendance policy. (See Catalog)

Academic Integrity: The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension. This policy relates to all forms of cheating and plagiarism. See Instructor’s Course Information for additions to the academic integrity policy.

Student Conduct: A high standard of conduct is expected of all students. Students are subject to federal, state and local laws, as well as South Plains College rules and regulations. Any student who fails to perform according to expected standards may be asked to withdraw. Failure to comply with lawful direction of a classroom teacher relative to maintaining good order is considered misconduct on the part of the student. Repeated violations of disrupting a class may result in the student being dropped from that course (See Catalog/Student Guide for full policy). See Instructor’s Course Information for additional policies related to student conduct.

Academic Appeals: The Vice President for Student Affairs is the South Plains College Title IX Coordinator and is designated to formally investigate student grievances, address inquiries and coordinate the College’s compliance efforts regarding student complaints and grievances. Whenever possible and safe, the problem or complaint should first be discussed with the individual involved in the complaint. If satisfactory resolution is not reached after discussion with the individual, the student should contact the individual’s direct supervisor to attempt to resolve the complaint. If these efforts are unsuccessful, the formal grievance process may be initiated. The College does not require a student to contact the person involved or that person’s supervisor if

doing so is impracticable, or if the student believes that the conduct cannot be effectively addressed through informal means (See Catalog/Student Guide for full definitions and policy).

Disability Services: Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

Diversity & Equal Rights: South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President of Student Affairs.

All students are entitled to equal rights under the affirmative action and equal opportunity laws. Students are also protected against unjust or biased academic evaluation, but at the same time, they are responsible for maintaining standards of academic performance established for each course in which they are enrolled. (See Catalog/Student Guide for full definitions and policies)

Campus Concealed Carry Policy:

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

(http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

Every semester I receive numerous e-mails from students regarding information readily available in THIS SYLLABUS. E-mails containing such questions as “when is this assignment due?” or “when is the exam?”. These repetitive e-mails can become extremely frustrating to faculty. I have worked diligently to supply you with as much accurate information as I can in the syllabus, in the assignment handouts, and on the Blackboard page for this course. Please **LOOK FOR YOURSELF** prior to asking me. If you have looked and still need to e-mail me, by all means do so. Please make sure your e-mail contains your NAME, YOUR COURSE (e.g., psyc-2301, psyc-2314, huma-2319), and your class time/day of the week. This will help reduce the frustration level and benefit both of us. Thank you.

PSYC-2314.200
Lifespan Growth & Development
Section 200
Room 451
Monday – Wednesday 9:30 am - 10:45 am

Fall 2017

Instructor: Rick Herbert

E-mail: rherbert@southplainscollege.edu ← BEST METHOD OF CONTACT!

Office: R405D (Reese Center, Building 4)

Office Hours:

M & W – 2:30 pm to 4:30 pm in REESE, Room 405D

T & R – 12:15 pm to 1:00 pm in PLAINVIEW, Room 124

Friday - 9:00 am to 12:00 pm in REESE, Room 405D

AND BY APPOINTMENT – CONTACT ME AND I WILL MAKE TIME!

Office Phone: (806)716-4039

“CAMPUS CARRY” * “CAMPUS CARRY” *** “CAMPUS CARRY” *** “CAMPUS CARRY”**

Effective August 1, 2017, individuals possessing a **valid Texas License to Carry weapons permit (LTC)** will be permitted by state law to carry a concealed handgun into campus buildings. Please be aware of the following information:

- You must possess a License to Carry or the former Concealed Handgun License to lawfully carry on campus.
- Only handguns are permitted.
- You must conceal the firearm. It is still an offense to carry a firearm that is openly displayed on college property.
- The firearm must be on or about your person at all times (concealment in bags and purses is permitted if within your reach) or it must be locked in an approved safe or locked in your vehicle.
- Individuals are not required to disclose if they possess a firearm or an LTC to any person other than a commissioned peace officer. It is **not** recommended that faculty/staff request students disclose information as it pertains to LTC status.
- Accidental display of an appropriately carried firearm, such as the movement of clothing during natural activity, does not warrant panic, but Campus Police may be contacted if there is concern.

Firearms will not be permitted in certain areas, known as exclusionary zones, even with the proper license. Those zones are listed below:

- The Natatorium - This is the only permanent exclusionary zone.
- Certain facilities become exclusionary zones during certain events including:
 - Facilities in which an NCAA or NJCAA sanctioned college or UIL sanctioned high school sporting event is taking place. This does not include facilities in which an intermural sport is taking place.
 - Facilities in which a UIL sanctioned event, including an academic event, is currently taking place.
 - Offices in which a disciplinary hearing is being conducted.
 - Facilities currently utilized as a polling place.
 - Rooms in which a government meeting, or Board of Regents meeting is being conducted.

Signs providing notice in both English and Spanish will be posted permanently at the Natatorium and temporarily at other facilities during exclusionary events.

If you suspect an individual of unlawfully possessing a firearm contact Campus Police. You may call 806-716-2396 or 806-891-8883 for assistance. Phone number 806-891-8883 may be texted if necessary for the safety of the reporting person. Call 911 in an emergency.

For more information on Campus Carry, including approved safe storage requirements, visit MySPC and look for the "Campus Carry" link under the "Safety and Health" tab.

Please feel free to contact my office should you have questions that are unanswered by information provided in this message.

Nickolis Castillo
South Plains College Police Department
Ph: (806) 716-2396
Cell: (806) 891-8883
Fax: (806) 897-3091
NCastillo@Southplainscollege.edu

I. GENERAL COURSE INFORMATION:

Academic Course Guide Manual (ACGM) description:

PSYC 2314

Lifespan Growth & Development

Life-Span Growth and Development is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death.

A. Course Section Description:

This course is a study of the relationship of the physical, emotional, social, and mental factors of growth and development of children and throughout the lifespan. The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception until death.

The material presented in Lifespan Growth & Development is based upon research conducted in the field of social inequalities. The studies that generate this research frequently present findings implicating the role of social institutions (e.g., the economy, education systems, media, religious institutions, etc.) in the perpetuation of minority group oppression. **Be Aware**, course material may challenge and conflict with existing beliefs and convictions of students. **Controversial Subjects** will be examined which will introduce some level of discomfort and which will generate a wide range of diverse opinions. I do not expect you to accept or even agree with the attitudes, beliefs, and/or viewpoints presented by the instructor or classmates, I do expect that you will: (a) consider the various perspectives presented in class, (b) interact with others in a respectful manner, and (c) be knowledgeable and prepared to discuss the material, information, and theories presented in the readings and class lectures.

B. Academic Integrity:

It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

Cheating:

Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the textbook or from the examination paper of another student, assisting others to cheat, alteration of grade records, illegal entry or unauthorized presence in an office are examples of cheating. Complete honesty is required of the student in the presentation of any and all phases of course work. This applies to quizzes of whatever length, as well as to final examinations, to daily reports and to term papers.

Plagiarism:

Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines and other reference works, or from the themes, reports or other writings of fellow student, is guilty of plagiarism.

If a student cheats or shows plagiarism on a paper or exam, that grade will be zero, and the student will be dropped from the class.

C. Student Conduct:

Rules and regulations relating to the students at South Plains College are made with the view of protecting the best interests of the individual, the general welfare of the entire student body and the educational objectives of the college. As in any segment of society, a college community must be guided by standards that are stringent enough to prevent disorder, yet moderate enough to provide an atmosphere conducive to intellectual and personal development.

A high standard of conduct is expected of all students. When a student enrolls at South Plains College, it is assumed that the student accepts the obligations of performance and behavior imposed by the college relevant to its lawful missions, processes and functions. Obedience to the law, respect for properly constituted authority, personal honor, integrity and common sense guide the actions of each member of the college community both in and out of the classroom.

Students are subject to federal, state and local laws, as well as South Plains College rules and regulations. A student is not entitled to greater immunities or privileges before the law than those

enjoyed by other citizens. Students are subject to such reasonable disciplinary action as the administration of the college may consider appropriate, including suspension and expulsion in appropriate cases for breach of federal, state or local laws, or college rules and regulations. This principle extends to conduct off-campus which is likely to have adverse effects on the college or on the educational process which identifies the offender as an unfit associate for fellow students. Any student who fails to perform according to expected standards may be asked to withdraw.

Rules and regulations regarding student conduct appear in the current Student Guide

The student handbook clearly defines appropriate classroom conduct (see previous three paragraphs). A student can be asked to leave the class for inappropriate conduct. You should not disrupt the class since you interfere with the learning process for your peers. Talking, sleeping, cell phones ringing, or other disruptive behaviors will result in a warning and then can result in the student being dropped from the class. If you must leave the classroom for a bathroom break by all means do so. You do not need to raise your hand and ask permission, you are an adult and capable of deciding for yourself. However, excessive entrances and exits for the classroom are disruptive. If you have an issue that requires constantly leaving the classroom, it would be better to not attend that specific class period.

Cell phones are an excellent tool and allow us to be in almost constant communication with each other. They are also a major source of distraction in the classroom. You have enrolled in this course and have spent money, either yours or someone else's, to attend the course. So have all your peers. Not being able to concentrate on the issues, principles, theories, and examples used and explained in the classroom because of yours, or others', cell phone, is **NOT ACCEPTABLE**. If you have to have your phone on and available for sick children or other emergency reasons, please put the phone on vibrate because a ringing/singing phone is very disruptive to the class.

D. Appeal Process:

The process of appeal is outlined in the catalog (pp. 23 - 24).

<http://www.southplainscollege.edu/information-for/future-spc-students/2015-2016%20Catalog.pdf>

E. Diversity Statement:

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world, and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be (faculty handbook 4.1.1.1).

<http://www.southplainscollege.edu/information-for/employees/manualshandbooks/facultyhandbook/sec4.php>

F. DISABILITY STATEMENT/POLICY:

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland Student Health & Wellness Center 806-716-2577, Reese Center (also covers ATC) Building 8: 806-716-4675, Plainview Center Main Office: 806-716-4302 or 806-296-9611, or the Health and Wellness main number at 806-716-2529.

II. SPECIFIC COURSE/INSTRUCTOR REQUIREMENTS:

A. Attendance Policy:

Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting.

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It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment. (SPC policy revised 1/8/2016)

In addition to the catalog policy (see above), roll will be taken at each class session and a record of attendance maintained. You are expected to attend class. The material presented in class is not a duplication of the material in the textbook and you will be responsible for all topics discussed in class as well as the assigned chapters in the text. **You may be dropped from the class with an X after five (5) absences, regardless of your grade. Each absence takes five (5) points off of your attendance grade. Five (5) absences drops your attendance grade to 75. Please, come to class and earn points. THERE ARE NO EXCUSED ABSENCES!**

Role is taken by students signing a role sheet in EVERY class meeting. Failure to sign in will result in being counted absent. It is the STUDENT'S RESPONSIBILITY to insure they sign in for EVERY class. Having a classmate sign in for you when you are not present may result in you being DROPPED from the class WITH A ZERO!

B. Assignments:

You will have a developmental autobiography paper assignment as well as a research presentation project, both of which are detailed in a separate handout available on the Blackboard website for this course. These handouts are currently available and will remain so for the entire semester. Each of these assignments is worth 100 points (200 points total).

C. Grading Policy/Procedure:

You will have four (4) exams, each worth 100 points (400 points total), the two assignments worth 100 points each (200 points total), and an attendance grade worth 100 points for a complete total of 700 points over the course of the semester. Your grade will be based upon a percentage of the total points with 90% = A, 80% = B, 70% = C, 60% = D, and below 60% = F. No one exam or assignment is "grade adjusted" or "curved". Every section of my courses is evaluated at the end of the semester once all grades are complete. If any section is statistically significantly out of range, a "grade adjustment" or "curve" will then be applied. Since this is an unknowable fact until all grades are complete (i.e., after the final exams are graded) I cannot tell you before then if there will be any adjustment or not.

D. Special Considerations:

1. If you have to miss an exam or an assignment deadline for emergency reasons, I will do my best to accommodate you **IF YOU CONTACT ME PRIOR TO DUE/TEST DATE**. Only extreme situations, military necessity, and/or family emergencies will be considered.
2. **The last to drop a course is Thursday, November 16, 2017**. Any students who have missed lectures, had difficulty completing projects, or anticipates difficulty in completing the course to their satisfaction or expectation are encouraged to consider the withdrawal option. Students are asked to discuss his/her progress with the instructor prior to making such a decision.

E. Use of Language:

This is a college course, you are expected to use proper college-level English in this course. To this end, South Plains College has developed the following policy:

All written assignments should be presented using the conventions of Standard Written English. South Plains College requires all students to become proficient in "academic English," a form of English that is typically used in academic, professional, and business contexts. While slang, regional idioms, and informal kinds of self-expression are appropriate in some contexts, they are out of place in academic writing. Writing instructors and professors in courses across the campus expect all students to demonstrate proficiency in using the conventions of academic English in their written work, whether it is in-class exams or take-home essays. Each instructor may also add additional requirements regarding written assignments that are contained in your syllabus.

All material turned in, with the exception of any in-class writing assignments, MUST BE TYPED, PROOFREAD, AND ORIGINAL (not plagiarized material originating from anyone other than the student without proper referencing).

F. Expectations/Responsibilities:

This syllabus provides you with my expectations of you and what is required for successful completion of this course. You are expected to read the syllabus and be familiar with its contents. You are responsible for all material covered in class. I am willing to make myself available to help any student that requests help. It is my goal for every student to take some useful knowledge away at the end of this course. Although not everyone will work with minority groups and dominant groups as professionals, we are all humans on the same small and irreplaceable planet and we are all responsible for learning more about each other. To that end, I will go to all reasonable means to help any student in any way I can. Please do not wait too long to ask for assistance. If you do, I will be unable to help.

Tentative Course Schedule

| <u>Date</u> | <u>Topic</u> | <u>Readings</u> |
|-------------------------------|--|-------------------------|
| Monday August 28 (1) | introduction | none |
| Wednesday August 30 (2) | <u>Unit One</u> : theories & prenatal | chapters: 1 to 3 |
| Monday September 4 | LABOR DAY HOLIDAY | |
| Wednesday September 6 (3) | theories | chapter 2 |
| Monday September 11(4) | prenatal | chapter 2 |
| Wednesday September 13 (5) | birth | chapter 3 |
| Monday September 18 (6) | neonates | chapter 3 |
| Wednesday September 20 (7) | <u>EXAM I: Unit One</u> | chapters: 1 to 3 |
| Monday September 25 (8) | <u>Unit Two</u> : infancy to 6 years | chapters 4 to 6 |
| Wednesday September 27 (9) | infancy | chapter 4 |
| Monday October 2 (10) | infancy | chapters 4 & 5 |
| Wednesday October 4 (11) | toddlers | chapter 5 |
| Monday October 9 (12) | early childhood | chapter 6 |
| Wednesday October 11 (13) | early childhood | chapter 6 |
| Monday October 16 (14) | <u>EXAM II: Unit Two</u> | chapters: 4 to 6 |
| Wednesday October 18 (15) | <u>Unit Three</u> : mid-child to early adult | chapter 7 to 9 |

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|-------------------------------|---|--|
| Monday October 23 (16) | <u>DEVELOPMENTAL AUTOBIOGRAPHY DUE</u> middle childhood | chapter 7 |
| Wednesday October 25 (17) | adolescence | chapter 8 |
| Monday October 30 (18) | adolescence | chapter 8 |
| Wednesday November 1 (19) | emerging adulthood | chapter 9 |
| Monday November 6 (20) | emerging adulthood | chapter 9 |
| Wednesday November 8 (21) | <u>EXAM III: Unit Three</u> | chapters: 7 to 9 |
| Monday November 13 (22) | <u>Unit Four: adult to death</u> | presentations chapters: 10 to 13 |
| Wednesday November 15 (23) | young adulthood | presentations chapter 10 |
| Monday November 20 (24) | middle young adulthood | presentations chapter 11 |
| Wednesday November 22 | THANKSGIVING HOLIDAY | |
| Monday November 27 (25) | middle young adulthood | presentations chapter 11 |
| Wednesday November 29 (26) | late adulthood | presentations chapter 12 |
| Monday December 4 (27) | death & dying | presentations chapter 13 |
| Wednesday December 6 (28) | death & dying | presentations chapter 13 |

Wednesday

December 13, 2017 Final Exam (Exam IV: Unit Four) 8:00 am – 10:00 am